

**Flexible Nose Band**

**Ear Loop**

**Replaceable Filters x2**

**Size Adjuster Clip**



## Changing the Filter

- Take mask out of packaging and bend open the nose band to enable mask to fit over your face.
- Push the black filter housings out by pushing on the four holes on the inside of the mask. Ensure both sides are removed. Bin any used filters immediately.
- If the mask has been worn and you are replacing the filters then ensure you clean the mask and your hands before touching the new filters. The mask fabric will withstand machine washing or anti-bacterial spray cleaners etc.
- Place a single filter into each filter housing, ensuring that they are sitting central and flush.
- Carefully insert each filter housing into the clear filter holder on the side of the mask. Ensure that the black filter housing are pushed in fully so that they are flush with the filter holder, or they may drop out.
- The mask is now ready to be fitted to your face.

**FILTERS SHOULD BE CHANGED DAILY AT MINIMUM**

## Fitting the Mask

- There are two adjusters, one on each side. These enable the mask to be adjusted to fit snugly to your chin and cheeks.
- Lift the mask up to your face and loop over each ear.
- Make sure that the mask covers your chin and your nose.
- Bend the nose band so that it meets the shape of your nose.
- Breath in and out. If mask bellows in and out as you breath then it is fitted tight enough.
- If when you breath in air is coming in from around cheeks then adjust the side clip by looping the holes on the ear loop strap over the T bar on the adjuster clip.
- If air is coming out of the top nose area then squeeze the nose band tighter to your face contours.