



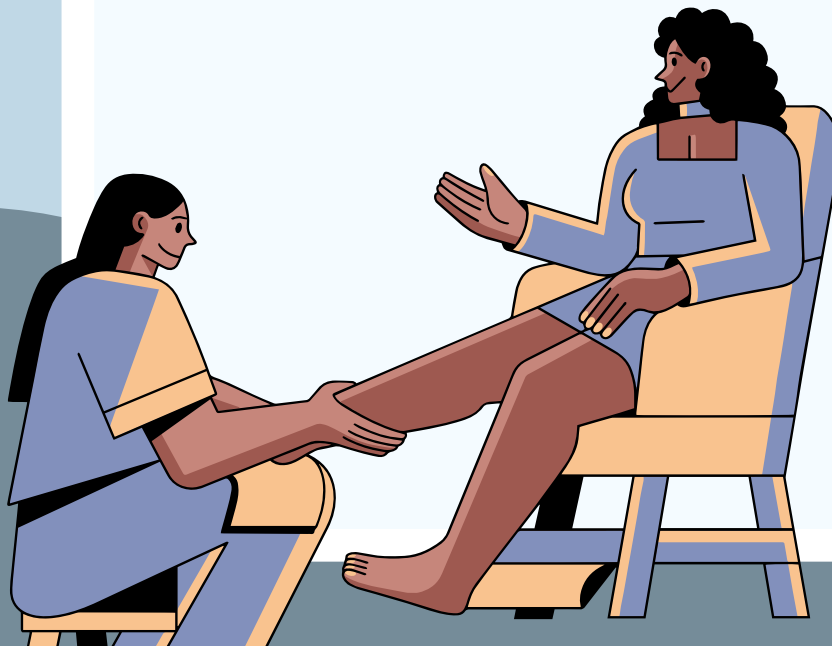
“Your feet never take a day off, so take care of them.”

Healthy feet and proper footwear can greatly decrease the risk of falls.

This week we ask that you spend some time ensuring that your Service Users are receiving the correct support to look after their feet.

Please check that everyone has support to cut and maintain their toenails, especially those who don't receive regular support with personal care.

Ensure that they have well fitting shoes and slippers, that are in good condition.



If you have any concerns about foot health or footwear, please look at <https://www.nhsinform.scot/healthy-living/preventing-falls/keeping-well/looking-after-your-feet> or discuss with your line manager.

Footcare Week!